

**SEMINARY CINCHES FLU**  
**Hutchinson institution makes a record combatting disease.**  
**120 exposed, 90 patients, no deaths, none very sick.**

“On the authority of Dr. Fred Sheppard, health officer of Hutchinson city, it may be stated that no public institution in the state of Minnesota has up to date made a record in handling influenza, the worldwide epidemic that has swept millions into their graves, like that to the credit of the Hutchinson Seventh-day Adventist Seminary.

“The Seminary, with 120 of its 180 students and teachers housed under one roof, was invaded by the malady three weeks ago. Symptoms of the malady developed with some 90 of these and, under the direction of Dr. H. E. Larson, a graduate physician, member of the Seminary faculty, every person showing indication of sickness was at once put to bed with a trained nurse taking temperature and watching for symptoms of the epidemic. If those symptoms developed, the patient was required to remain in bed. There were no drugs to be given but, with complete rest and quiet, went a carefully regulated diet and fomentations applied to the throat, chest and abdomen. This treatment in almost every case reduced the temperature of patients and in a day or so they were apparently well. But that did not end the matter with them. The next danger was that of relapse. To guard against this every patient was required to remain in bed from two to five days after apparent full recovery, according to the ‘state of their flu affliction.’

“As a result of this system of handling a disease that is scoring thousands of victims every day there has not been one case that could have been called serious or a single death in the Seminary although there were more than 90 persons affected.

“The record is remarkable. It makes the ordinary methods of dealing with flu appear irrational.”  
**Hutchinson Leader, December 18, 1918**